



**HARVESTERS**  
COMMUNITY FOOD NETWORK

# TAKE YOUR CAN TO SCHOOL WEEK



## Did you know?

In our region, 1 in 7, or more than 91,920 kids are at risk of hunger. With the help of food drives like Take Your Can to School, Harvesters' network of pantry partners is able to serve 226,000 neighbors every month, 35 percent being kids!

## Can you help?

Our school is excited to participate in this year's Take Your Can To School Day to fight hunger and help local kids. Please help us collect nonperishable food items for Harvesters and bring them to school.

## Most Needed Items:

- Canned Vegetables (Low Sodium)
- Canned Fruits in 100% Juice
- Canned chicken, tuna, salmon
- Canned Soup
- Whole Grain Pasta
- Peanut, Almond, or Sun Butter
- Cereal – Hot and Cold
- Brown Rice