



Lunch Challenge

A fun, educational team building experience



An eye-opening Challenge

"I thought it was very helpful. Makes you aware of the needs in our community. Definitely makes me appreciate what I have." – Federated Rural Electric Insurance Exchange participant

Imagine having a food budget of \$1.50 per person and you have to buy groceries and prepare a healthy and nutritious meal. That's what participants in Lunch Challenge encounter.

Lunch Challenge is a fast-paced, hands-on team building program to help groups work toward a common goal while learning about the challenges facing the hungry in our community.

What You Will Do



- Teams of 10-45 members from corporations, nonprofit organizations, small businesses, civic, religious or academic organizations compete against each other to plan, prepare and present a healthy meal consisting of one main dish and one side dish.
- Teams learn about the challenges facing the hungry in our community such as food insecurity, food deserts, and the tough choices many have to make including whether to heat a home or purchase food.
- Teams get to eat their culinary creations after the meals are judged.

Lunch Challenge Logistics



- Lunch Challenge is offered Monday-Saturday at Harvesters.
- Program sessions are two hours (*You also can make this a half-day activity for your team by adding a two-hour volunteer session to help sort and pack food and tour the Harvesters warehouse*).
- Cost is \$25 per person.
- Harvesters provides a first-rate facility, all the food and supplies your group needs and photos of each team with its culinary creation.

Accept the Challenge

In Kansas City, please email GetInvolved@harvesters.org to accept the Lunch Challenge. Please provide at least three weeks notice when booking your date. If you have questions, please call 816.929.3090.

In Topeka, please email FightHunger@harvesters.org to accept the Lunch Challenge. Please provide at least three to four weeks notice when booking your date. If you have questions, please call 785.861.7750.

"It was excellent – Very enjoyable and informative activity that allows you to see the challenges people face in a new perspective." – Graves and Garrett participant

"I thought it was informative and a great team building activity." – Parker and Lynch participant

"This was a very eye-opening experience for me." – Greater Missouri Leadership Challenge participant