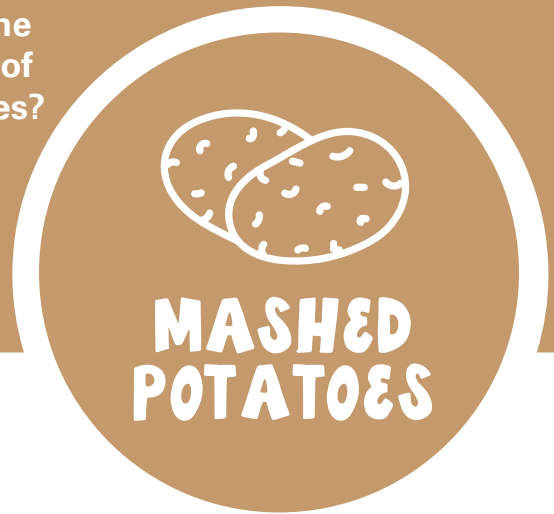


**DAY
#4**

Can you help me
find a package of
mashed potatoes?



What are the "hard seven"?

The "hard 7" are a team of fruits and vegetables that are favorites at food banks! They are nutritious and they have a long shelf life. They are able to be transported and stored easily. They appeal to most people's tastes, and they are easily available because they are grown in large quantities in many places nationally.

Can you figure out the "hard seven" in the puzzle below?

