



Changes Coming Soon to Your Food Package

The Commodity Supplemental Food Program (CSFP) will be making enhancements to your food package beginning November 1, 2019. Changes to the food package will provide you with more food, more variety, and better align with ChooseMyPlate.gov and current nutrition guidance.

In the enhanced monthly food package, some of the changes you will see include:

- Double the amount of vegetables
- More protein, including plant-based proteins such as canned and dry beans
- More options within each food category, such as brown rice and soup
- Smaller package sizes of rice, oatmeal, grits, dry beans, and non-fat dried milk that are more appropriate for small households and that allow you to receive a greater variety of options in your food package each month

Your local agency will implement these changes beginning November 1, 2019, but it is possible you may see some changes to your food package over the course of a few months.

If you have any questions about the changes that have been made to the CSFP food package, please contact

